

**SENIOR PROGRAMS**

For information on the Alma Senior Programs, please see page 11.

**ALMA YOUTH CENTER**

A FREE Drop-in recreation program for youth between 12 and 17 years of age. Program runs from 3:00 pm to 7:00 pm daily. Youth can participate in the following activities: billiards, sports, ping pong, tournaments, workshops, cooking, board games, crafts, and low cost field trips.

Youth Center Closed: 5/30, 6/10-6/24, 7/4, 9/5

\*Programs subject to change.

Activity	Day	Time
Home Work Center (Computers Available)	Monday-Friday	3-4pm
Tournament Tuesdays	Tuesdays	4:30-6pm
Arts & Crafts	Monday/Wednesday	4:30-5:30pm
In The Kitchen	Thursdays	4:30-6pm
Computer Room	Fridays	3:30-4:30pm
Weight Room	Mon/Wed/Fri	3-6pm
Sports League-Basketball	TBA	TBA
Field Trips	TBA	TBA
Work Shops	TBA	TBA

**Cartoon Drawing II** **FREE**

Course #	Day	Date	Time	Age	Mtg.	Loc.
258.1.800	W	7/13-8/31	5:30-6:30pm	8-15	8	Alma

**Alma Summer Youth Program** **Free**

A FREE Summer Drop-in recreation program for youth between 12 and 17 years of age. Program runs from 2 to 7 pm daily. Youth can participate in the following activities: Billiards, Sports, Ping Pong, Tournaments, Workshops, Cooking, Board Games, Crafts, Swimming and low cost field trips.

PROGRAM BEGINS JUNE 27 AND ENDS AUGUST 19

No Program: 7/4, 9/5

Activity	Day	Time
Drop-in	Monday-Friday	2-7 pm
Tournament Tuesdays	Tuesdays	4:30-6pm
Arts & Crafts	Monday/Wednesday	4:30-5:30pm
In The Kitchen	Thursdays	4:30-6pm
Computer Room	Fridays	3:30-4:30pm
Weight Room	Mon/Wed/Fri	4-6pm
Sports League-Softball	TBA	TBA
Field Trips	TBA	TBA
Work Shops	TBA	TBA

\*Programs subject to change.

**Almaden (Winery) Community Center**

5730 Chambertin Drive, San José 95118

Phone: 408-979-7820

Fax: 408-267-7809

Contact Person: Traci Tokunaga

Email: traci.tokunaga@sanjoseca.gov

Bus Lines: 27

Types of Programs: Fee class, after school recreation, senior programs, senior nutrition and special events.

*The Almaden Winery Community Center is our primary program site until the new Almaden Community Center/Library is completed in January 2006. Additional program sites listed below will also be used as program sites.*

**Facility Locations**

Vineland Branch Library  
1450 Blossom Hill Road

Almaden Lake Park

**ARTS & CRAFTS****Art Science Camp** **\$130**

How do you do that? Why does it work? Explore, experiment, and learn while having fun with art. Projects will include clay, paper making, paint, adhesives, and optical illusion. Each session will include different projects.

Instructor: Cook

Course#	Day	Date	Time	Age	Mtg.	Loc.
252.1.101	M-F	7/25-7/29	1:30-5:30pm	7-11	5	AW
252.2.102	M-F	8/1-8/5	1:30-5:30pm	7-11	5	AW

**DANCE****Ballet/Tap** **\$49**

Class consists of both ballet and tap. Ballet positions, steps and routines will be taught along with basic steps and routines. Parents may attend a 10 minute overview at first class meeting and a performance at the last class meeting.

No Class 7/4

Instructor: Dance Arts Academy

Course#	Day	Date	Time	Age	Mtg.	Loc.
252.1.201	M	6/27-8/22	12-12:55pm	3-6	8	AW

*Almaden Community Center continues on the next page*

Visit us on the web at [www.sanjoseca.gov/prns](http://www.sanjoseca.gov/prns) or  
email us at [PRNSinfo@sanjoseca.gov](mailto:PRNSinfo@sanjoseca.gov)



## DANCE

### Cheerleading/Jazz Dance \$74

A great class for all of you high-spirited kids! This exciting and energized class will teach everyone basic skills for cheerleading and dance. The students will learn creative cheer techniques, choreographed dance routines, easy gymnastic moves and much more! Come jump, shout, move and groove to really cool and fun music! Note: socks and sneakers required.

*Instructor: DanceKids*

Course#	Day	Date	Time	Age	Mtg.	Loc
252.1.202	F	7/1-8/19	3-3:45pm	5-8	8	AW

### Creative Movement/Fun Dance \$74

Children learn to dance and move to fun nursery songs and popular children's tunes in this fun class for the little ones. Be a bird, butterfly, bunny or just be yourself and act funny! Come dance with scarves, beanbags, hula hoops and more. Come on boys and girls lets have some serious fun!

*Instructor: DanceKids*

Course#	Day	Date	Time	Age	Mtg.	Loc
252.1.203	F	7/1-8/19	4:15-5pm	3-5	8	AW

### Dancin' Boogie Babies \$74

Come have some fun with your little one doing the Boogie Woogie Bear! You and your baby will sing and dance to lively nursery songs and show tunes like "Bingo," "Wheels on the Bus," "Head and Shoulders, Knees and Toes," and more. Jump, run, hop, and boogie away with hula-hoops, dancing scarves, and beanbags. Come play with musical instruments, tunnels, balls and parachute away.

*Instructor: Dancekids*

Course #	Days	Date	Time	Age	Mtg.	Loc.
252.1.204	F	7/1-8/19	9:30-10:15am	19-30m	8	AW

### Get up and Dance! \$80

Get and dance to hip-hop beats and other pop music! This dance class features exciting dance moves along with basic techniques that make for a great workout! Through a wonderful blend of popular dance styles and music, students are exposed to a wide range of genres including easy-to-learn jazz and hip-hop moves. Children of all levels and abilities will have a wonderful time as they learn to express themselves through creative movement and cool dance moves. Course culminates with choreographed performance, complete with costume accessories!

*Instructor: CLAP*

Course#	Day	Date	Time	Age	Mtg.	Loc
252.1.205	Th	6/30-8/18	6-7pm	7-12	8	AW
252.1.206	M-Th	6/27-7/30	2-4pm	7-12	4	AW
252.1.207	M-Th	8/1-8/4	2-4pm	7-12	4	AW
252.1.208	M-Th	8/22-8/25	1-3pm	7-12	4	AW

### Jazz/Hip Hop Dance \$49

Explore beginner and intermediate hip hop dance, music and culture through regular practice of various routines and dance techniques. Develop coordination skills, interpersonal skills, and overcome performance anxiety, and of course have fun doing it!

*No Class 7/4*

*Instructor: Dance Arts Academy*

Course #	Days	Date	Time	Age	Mtg.	Loc.
252.1.209	M	6/27-8/22	2-3pm	3-6	8	AW

### Kindergymnastics \$49

Designed to teach basic gymnastic skills, including movement exploration, balance, and coordination. Parents may only attend a 10 minute overview at 1st class meeting.

*No Class 7/4*

*Instructor: Dance Arts Academy*

Course#	Day	Date	Time	Age	Mtg.	Loc.
252.1.210	M	6/27-8/22	11-11:55am	3-6	8	AW

### Move and Groove! \$80

Participants dance to entertaining theme music in this fabulous course that features a variety of popular dance styles from hip hop to country to jazz. Children learn to express themselves through creative movement, develop good fitness habits, and build self-esteem. This course is for dancers of all levels and culminates with choreographed performance, complete with delightful costume accessories!

*Instructor: CLAP*

Course#	Day	Date	Time	Age	Mtg.	Loc
252.1.211	Th	6/30-8/18	5-6pm	TBA	8	AW

### Parent/Tot Dance & Gym \$49

Child and parent will enjoy singing, dancing, and exercising in this class. Children acquire confidence and discipline, as well as strength and coordination. Parents must attend with registered child only.

*No Class 7/4*

*Instructor: Dance Arts Academy*

Course#	Day	Date	Time	Age	Mtg.	Loc.
252.1.212	M	6/27-8/22	9-9:55am	2-4	8	AW
252.1.213	M	6/27-8/22	10-10:55am	2-4	8	AW

### Tap/Ballet Combo \$74

In this joyful combination class of ballet and tap, routines, steps, and ballet positions will be taught. Come shuffle those happy feet and learn some basic tap step routines. A fun class for everyone, it also builds self-confidence, grace, coordination, a sense of rhythm, flexibility and more!

*Instructor: DanceKids*

Course#	Day	Date	Time	Age	Mtg.	Loc.
252.1.214	F	6/29-8/17	10:30-11:15am	3-5	8	AW

*The date, time, and location of activities published are correct at the time of publication. Due to unforeseen circumstances, the information published may change.*

**Twinkle Toes Ballet****\$74**

This "serious fun" class for tiny tots will teach grace, coordination, balance and improve your child's rhythm. Simple ballet positions and steps will be taught to beautiful classical music. Ballet shoes are recommended.

*Instructor: Dancekids*

Course #	Days	Date	Time	Age	Mtg.	Loc.
252.1.215	F	7/1-8/19	2-2:45pm	3-5	8	AW

**MUSIC/THEATER ARTS****Act One!****\$91**

Take an imaginary journey filled with fun and fantasy! Designed for children of varied abilities, this spectacular drama program uses improv, creative movement, theatre games, costuming and props to take children on adventures they won't soon forget! From fairy tale castles to safari scenes, budding young artist explore the world of creative drama. At the end of this course, children shine as they put their talents on display in a fun show.

*Instructor: CLAP*

Course#	Day	Date	Time	Age	Mtg.	Loc.
252.1.401	F	7/1-8/19	4:30-5:30pm	6-12	8	AW
252.1.402	F	7/1-8/19	5:30-6:30pm	6-12	8	AW
252.1.403	M-Th	6/20-6/23	10am-12pm	6-12	4	AW
252.1.404	M-Th	7/18-7/21	2-4pm	6-12	4	AW
252.1.405	M-Th	8/15-8/18	10am-12pm	6-12	4	AW

**Guitar - Beg. /Inter.****\$70**

Introduction to Guitar is an eight week course designed for students who have little or no experience playing guitar. Our primary focus will be learning the basic techniques used in popular styles such as rock, folk, jazz, blues, country, etc. Material covered will include reading chord diagrams, chord charts from song books, chord voicing, right and left hand techniques, the major scales and their importance in popular music and more.

*No Class 8/3**Instructor: Kelly*

Course#	Day	Date	Time	Age	Mtg.	Loc.
252.1.406	W-Beg	6/29-8/24	6:15-7:15pm	10-15	8	AW
252.1.407	W-Int	6/29-8/24	7:30-8:30pm	10-15	8	AW

**Little Shining Stars****\$74**

A fun filled class designed specifically for 4 to 6 year olds. Has your little one expressed interest in getting on stage? Was he or she born to perform? Foster confidence and self-esteem in your child while they explore creativity and imagination through fun drama games and activities. Students will explore movement, puppetry, rhythm, mime, acting in a supportive and positive environment. Children won't want to miss out on this wonderful opportunity to experience the magic of theater and fun! Dress comfortably.

*Instructor: Dancekids*

Course #	Days	Date	Time	Age	Mtg.	Loc.
252.1.408	F	7/1-8/19	11:30am-12:15pm	4-6	8	AW

**Musical Theater****\$71**

Students participating in this class will learn all the basics needed for a great musical theater performance. Children will learn music and choreography from different musicals and perform them in a final performance that will take place during the last session of class.

*Instructor: Tapestry Arts*

Course #	Days	Date	Time	Age	Mtg.	Loc.
252.1.409	T	6/28-8/26	5:30-6:30pm	10-13	8	AW
252.1.410	T	6/28-8/26	6:30-7:30pm	7-9	8	AW

**EARLY CHILDHOOD RECREATION***Please read the ECR Policy below.***Lunchtime Friends****\$55**

Your child will enjoy making a healthy lunch that includes a variety of salads, fruits and vegetables and pasta. Your kids will be eating healthy and getting exercise while playing with their friends outdoors

*Instructor: Houston*

Course#	Day	Date	Time	Age	Mtg.	Loc.
252.1.301	MWF	6/27-7/1	11am-1:30pm	4-5	3	AW

*Almaden Community Center continues on the next page***Early Childhood Recreation Class Requirements**

Please consider the following policies and requirements before registering for any Early Childhood Recreation (ECR) class offered by the City of San José. There will be no exceptions made in their regard. For each child enrolled a parent or guardian must assist and provide a snack for at least (2) class meetings during the session. Non-registered children are not allowed in class at any time. Please make arrangement for siblings on your participation day. Each child must be the required age on the first day of class.

**A birth certificate may be requested for age confirmation. Participants must be toilet trained.** (Except Time For Twos.) You may enroll each child in only one of the ECR classes.

Please note the City of San José, Department of Parks, Recreation and Neighborhood Services provides recreational programs only and is not licensed childcare.



## EARLY CHILDHOOD RECREATION (CON'T)

### Go Animalistic this Summer \$55

We will enjoy making crafts, puppets, playing games and reading books that have theme based on animals.

*Instructor: Houston*

Course#	Day	Date	Time	Age	Mtg.	Loc
252.1.302	MWF	7/11-7/15	11am-1:30pm	4-5	3	AW

### Fun Outdoors \$55

Your children will get plenty of exercise this session. The outdoor games will include child favorites like duck duck goose, red light green light, jump rope, relay races, tag and kickball.

*Instructor: Houston*

Course#	Day	Date	Time	Age	Mtg.	Loc
252.1.303	MWF	8/18-8/22	11am-1:30pm	4-5	3	AW

## SPECIALTY CLASSES

### Earth Explorers \$214

Find out about the most incredible machine known to man...you! Discover why you have all those parts and how they interact together to keep you going, even when you're asleep. Explore what you and an onion have in common as we take a trip through Cell City. Study the organisms that we share the earth with, and learn how the food chain works as you ponder owl-ology. Look at changes that people are making to the environment and how you can be more earth friendly.

*Instructor: Mad Science*

Course#	Day	Date	Time	Age	Mtg.	Loc
252.1.601	M-F	7/18-7/22	9am-3pm	5-12	5	AW
252.1.602	M-F	8/15-8/19	9am-3pm	5-12	5	AW

### Flight Academy \$214

It's a bird! It's a plane! No, it's everything from the earliest flying machine to the first rocket flights. This hands-on program will let you learn all about aerodynamics and the world above us. Explore the basic principles of flight, build airplanes, test them in wind tunnels, ride a hovercraft and construct balloon copters. Discover the mysteries of the galaxy, learn about celestial navigation, and take home your own rocket to launch.

*Instructor: Mad Science*

Course#	Day	Date	Time	Age	Mtg.	Loc
252.1.603	M-F	6/27-7/1	9am-3pm	5-12	5	ER
252.1.604	M-F	7/25-7/29	9am-3pm	5-12	5	AW

### Photography \$95

Students in this program will learn to see as photographers. Each child will receive his/her own camera, to keep after the end of class. The lessons include photographic basics, understanding art in general, composition, subject matter and lighting. The class will conclude with a final exhibition of each child's work. There is a \$30 supply fee payable to the instructor.

*Instructor: Tapestry Arts*

Course #	Days	Date	Time	Age	Mtg.	Loc.
252.1.605	S	7/9-8/27	10:30am-12pm	7-10	8	AW
252.1.606	S	7/9-8/27	12:30-2pm	10-13	8	AW

### Red Hot Robots \$214

Join us for a week of fun with robots! Learn about the uses of robots in our world and spend time experimenting with the super cool robots that do all kinds of neat things (sorry, we can't show you the one that does your homework for you!) Discover the science of circuits and how robots use sensors to explore things around them. Use your skills to build your own working robot to take home with you. Join us this summer in our Mad Science robot world!

*Instructor: Mad Science*

Course#	Day	Date	Time	Age	Mtg.	Loc
252.1.607	T-F	7/5-7/8	9am-3pm	7-12	4	AW
252.1.608	M-F	8/1-8/5	1-5pm	7-12	4	AW

### Secret Agent Lab \$214

Take a walk on the wild side in this crazy week of sleuth science. Send messages to your friends using secret codes. Mix it up as we experiment with molecular madness, radical reaction and "fizz"ical and chemical reactions. Discover what those crazy chemists are really up to in their laboratories. Then use everything you've learned to solve the Mad Science Mystery; even Sherlock couldn't figure this one out!

*Instructor: Mad Science*

Course#	Day	Date	Time	Age	Mtg.	Loc
252.1.609	M-F	7/11-7/15	9am-3pm	5-12	5	AW
252.1.610	M-F	8/8-8/12	9am-3pm	5-12	5	AW

### The Garden \$214

Blossoming minds will love this week! Specially designed for the inquisitive pre-K or kindergartner, this week teaches all about the amazing things that happen in the garden. Explore how things start to grow in the ground and learn that plants, fruits and vegetables start from seeds. Learn what seeds need to grow and where they get those things and learn to study weather. Discover the role that bugs and butterflies play in making your garden grow.

*Instructor: Mad Science*

Course#	Day	Date	Time	Age	Mtg.	Loc
252.1.611	M-F	8/1-8/5	9am-12pm	4-5	5	AW

If you see graffitti in a park, please call 408-277-2758

**“SPORTS FOR ALL” THROUGH CITYWIDE ADAPTED SPORTS! See Page 32.**



## SPORTS &amp; FITNESS

**Dance Aerobics \$57**

Get fit and have fun with this dance inspired fitness class that is sure to get your energy level up. This class is designed to use basic dance steps and aerobic workout to get a total body workout.

*Instructor: Camp Carter International*

Course#	Days	Date	Time	Age	Mtg	Loc.
252.1.501	Sa	6/30-8/18	10:30-11:20am	15+	8	AW

**Ice Skating \$114**

In this eight week introductory series we will cover the proper way to fall down, get up, two foot glide, one foot glide, forward swizzles, forward stroking, backward swizzles, stopping, and an introductory spin. The series includes a 30 minute class once a week and the public session the day of the class. **Location:** Logitech Ice at San José, 1500 S. 10th St.

*Instructor: San José Ice Centre*

Course#	Day	Date	Time	Age	Mtg.	Loc.
252.1.502	T	6/28-8/16	4-4:30pm	6-12	8	SJIC
252.1.503	Th	6/30-8/18	4-4:30pm	8-12	8	SJIC

**Little Ninja Fitness Fun \$57**

This fun-filled class will give your child a fun workout! Each little ninja will learn basic warm-up exercises, karate moves and fitness exercises. This is a great way to give your tot the chance to use their energy in a positive way. Taught by Sensei James Carter, a Shotokan World Champion and 3rd degree black belt. See instructor for clothing requirements.

*Instructor: Camp Carter Int.*

Course#	Day	Date	Time	Age	Mtg.	Loc.
252.1.504	T	6/28-8/16	2-2:45pm	4-5	8	AW

**Karate - Beg/Intermediate \$114**

This is a traditional Japanese style of Karate that combines Japanese style culture, philosophy, history and language. Class includes self-defense and stresses the importance of self-confidence and mental discipline.

*Instructor: Camp Carter Int.*

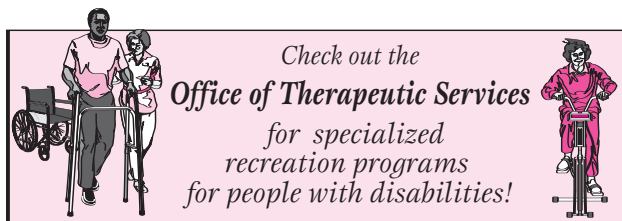
Course#	Day	Date	Time	Age	Mtg.	Loc.
252.1.505	T/Th	6/28-8/16	5:30-6:20pm	5+	16	AW

**Karate - Parent/Child \$57**

A good physical activity for the whole family! Class is coed. The \$57 fee is per person. Class promotes healthy activities for family and stresses the importance of exercise. Child must be enrolled with and accompanied by a parent.

*Instructor: Camp Carter Int.*

Course#	Day	Date	Time	Age	Mtg.	Loc.
252.1.506	Th	6/30-8/18	6:30-7:20pm	5+	8	AW

**Kidz Love Soccer****\$74**

KLS is a non-competitive environment for children to learn and play the world's most popular sport. Each session includes age specific warm-ups, demonstrations, thematic progressions, and recreational games. Classes are co-ed and every participant will have a ball at their feet! Shinguards are required after the first class meeting. **Tot Soccer:** 3.5-4 years-Encourages motor skills and introduces small children to the group setting. **Pre-Soccer:** 4-5.5 years-Teaches the basic technique of the game and builds self-esteem through participation and fun soccer activities. **Soccer 1:** 5-6 years-Teaches the basic techniques of soccer for beginners. Dribbling, passing, receiving, and shooting. **Soccer 2:** 7-8 years-Same as Soccer 1, also introduces team tactics. **Soccer 3:** 9-12 years-Same as Soccer 1 and 2, but also introduces advance soccer techniques and tactics. Rainout Hotline 1-800-399-8111. **Location:** Cahalan Park

*Instructor: Kidz Love Soccer*

Course#	Day	Date	Time	Age	Mtg.	Loc.
252.1.507	Th	6/30-8/18	9:30-10am	3.5-4	8	CH
252.1.508	Th	6/30-8/18	10-10:35am	4-5	8	CH
252.1.509	Th	6/30-8/18	2:45-3:20pm	4-5	8	CH
252.1.510	Th	6/30-8/18	3:20-4:05pm	5-6	8	CH
252.1.511	Th	6/30-8/18	4:05-4:50pm	7-8	8	CH
252.1.512	Th	6/30-8/18	4:05-5:05pm	9-12	8	CH
252.1.513	Sa	7/9-8/27	2:30-3:15pm	4-5	8	CH
252.1.514	Sa	7/9-8/27	3:15-3:40pm	5-6	8	CH
252.1.515	Sa	7/9-8/27	3:15-4:15pm	7-8	8	CH
252.1.516	Sa	7/9-8/27	4:15-4:45pm	9-12	8	CH
252.1.517	Sa	7/9-8/27	4:45-5:20pm	3.5-4	8	CH

**Mommy/Daddy & Me Soccer - New \$74**

Introduce yourself and your toddler to the "World's Most Popular Game!" As you and your child participate in our fun age-appropriate activities, your child will be developing their large motor skills and socialization skills. A variety of activities designed around the game of soccer will be played each week. The fun happens on the field, and in Mommy/Daddy & Me Soccer, you won't have to watch from the sidelines.

**Location:** Cahalan Park

*No Class 7/4*

*Instructor: Kidz Love Soccer*

Course #	Days	Date	Time	Age	Mtg.	Loc.
252.1.518	M	6/27-8/22	9-9:30am	2-3.5	8	CH
252.1.519	M	6/27-8/22	9:30-10am	2-3.5	8	CH
252.1.520	W	6/29-8/17	4:45-5:15pm	2-3.5	8	CH
252.1.521	W	6/29-8/17	5:15-5:45pm	2-3.5	8	CH

**Step Aerobics \$58**

Take a step towards improving your cardiovascular level and get into shape with this aerobics class. This is a basic step aerobics class that enhances moves with the use of a step that can be set to your desired height.

*Instructor: Camp Carter*

Course #	Days	Date	Time	Age	Mtg.	Loc.
252.1.522	W	6/29-8/17	6:30-7:20pm	15+	8	AW

*Almaden Community Center continues on next page*



## ADULT CLASSES

### Adult Jazz Dance/Hip Hop \$74

Are you ready to move and grove to some lively music?! Come join this high energy and heart pumping class. Basic jazz dance and routines will be taught. You will learn moves to the 70s, 80s, 90s and today. Bring a friend for some serious fun! Comfortable clothes, socks, sneakers, and aerobic shoes suggested.

*Instructor: DanceKids*

Course#	Day	Date	Time	Age	Mtg.	Loc.
252.1.701	F	7/1-8/19	5:15-6:15	16+	8	AW

### Beginning Ballroom/Social Dance \$114

Shall we dance? Have fun with the Salsa, Swing, Tango, Nightclub Two-Step, and Rumba. Positions, step patterns, lead/follow, etiquette will be taught. Social Dance is a great way to meet people, build confidence for the dance floor, and get a swinging workout. Informal dress is fine. Please wear shoes with a smooth surface and come prepared to dance your socks off!

*Instructor: Jason Esswein*

Course #	Days	Date	Time	Age	Mtg.	Loc.
252.1.702	T	6/28-8/30	7-8pm	18+	10	AW

### Creative Writing \$57

Do you enjoy writing? Would you like to improve your writing? Then this class is for you. If you have an interest in figurative and imaginative writing this class will allow you to explore the literary world.

*No Class 7/4*

*Instructor: Camp Carter*

Course#	Day	Date	Time	Age	Mtg.	Loc.
252.1.703	M	6/27-8/22	4:30-5:20pm	15+	8	AW

### Dance Aerobics \$57

Get fit and have fun with this dance inspired fitness class that is sure to get your energy level up. This class is designed to use basic dance steps and aerobic workout to get a total body workout.

*Instructor: Camp Carter*

Course #	Days	Date	Time	Age	Mtg.	Loc.
252.1.501	S	7/9-8/27	10:30-11:20am	15+	8	AW

### Guitar - Introduction for Adults \$70

Intro to Guitar for adults is a class designed for aspiring guitar players with little or no experience. The primary goal of the class will be to teach students how to play chord accompaniment for singers. We will learn chords, strum patterns and scales. We will learn to read chord diagram and tablature so that a student will leave the class with the ability to read song books and play their favorite tunes.

*No Class 8/2*

*Instructor: Kelly*

Course #	Days	Date	Time	Age	Mtg.	Loc.
252.1.704	T	6/28-8/23	7:30-8:30pm	16+	8	AW

### Hatha Yoga \$80

The physical practice of yoga reduces agitation and returns the individual of his or her personal power. Lessons are based on a variety of yoga postures, emphasizing stretching and toning muscles, relieving tension and cultivating mind to body awareness. Wear loose clothing.

*Instructor: Pickel*

Class#	Day	Dates	Times	Age	Mtg.	Loc.
252.1.705	M	6/27-8/29	6:30-7:45pm	16+	9	AW
252.1.706	M	6/27-8/29	7:45-9pm	16+	9	AW

### Karate - Parent/Child \$57

A good physical activity for the whole family! Class is co-ed. This \$57 fee is **per person**. Class promotes healthy activities for family and stresses the importance of exercise. Child must be enrolled with and accompanied by a parent.

*Instructor: Camp Carter*

Course#	Days	Date	Time	Age	Mtg.	Loc.
252.1.506	Th	6/30-8/18	6:30-7:20pm	5+	8	AW

### Step Aerobics \$57

Take a step towards improving your cardiovascular level and get into shape with this aerobics class. This is a basic step aerobics class that enhances moves with the use of a step that can be set to your desired height.

*Instructor: Camp Carter*

Course #	Days	Date	Time	Age	Mtg.	Loc.
252.1.522	W	6/29-8/17	6:30-7:20pm	15+	8	AW

## SPECIAL EVENTS

### Kids Night Out \$21

Kids, send your parents out for the evening while you have fun! We'll enjoy games, crafts and have dinner.

*Instructor: AC Staff*

Course #	Days	Date	Time	Age	Mtg.	Loc.
252.1.801	F	7/15	6:30-9:30pm	5-12	1	AW
252.1.802	F	8/19	6:30-9:30pm	5-12	1	AW

## SENIOR PROGRAM

For information on the Almaden Senior Program, please see page 12.

*We create  
community through  
People, Parks  
& Programs.*



Por información en español, llamada 408-277-4000

## SUMMER CAMPS

## Camp Parma 2005

Camp Parma Day Camp is a two-week program of summertime excitement for boys and girls ages 6-11 years old. Each session will include two field trips, swimming, sports, games, art and crafts, cooking projects, special events and BBQ. Camp hours will be 10am to 4pm Monday through Friday. **Camp Location:** Bret Harte Middle School

Session Trips (subject to change)

Session 1 Raging Waters & Bowling

Session 2 Morgan Hill Aquatic Center & Blackberry Farm  
*No Camp 7/4*

Session 3 Bonfante Gardens & Cal Skate Roller Skating

Session 4 Golfland with Pizza & Ice Skating

Course #	Days	Date	Time	Age	Cost	Loc.
252.1.901	M-F	6/20-7/1	10am-4pm	6-11	\$208	BH
252.1.902	T-F	7/5-7/15	10am-4pm	6-11	\$188	BH
252.1.903	M-F	7/18-7/29	10am-4pm	6-11	\$208	BH
252.1.904	M-F	8/1-8/12	10am-4pm	6-11	\$208	BH

## Kidz Love Soccer – Day Summer Camp

Participants will learn the basic and advanced techniques of soccer and compete in an age appropriate "world cup" tournament. Dribbling, passing, receiving and shooting will be presented to 8 years old and younger players; advanced dribbling moves, tactical team aspects (i.e. possession, combination play), attacking the goal as a unit will be taught to players 9 years and above. Each child will receive a soccer ball and summer camp T-shirt. Campers should bring a full water bottle, a snack wear shin guards, soccer shoes and wear sunscreen.

*Instructor: Kidz Love Soccer*

Course #	Days	Date	Time	Age	Loc.	Cost
252.1.905	M-F	6/20-6/24	9-10:30am	5-6	CH	\$78
252.1.906	M-F	6/20-6/24	9am-12pm	7-8	CH	\$98
252.1.907	M-F	6/20-6/24	9am-12pm	9-12	CH	\$98
252.1.908	M-F	8/15-8/19	9-10:30am	4.5-6	CH	\$78
252.1.909	M-F	8/15-8/19	9am-12pm	7-8	CH	\$98
252.1.910	M-F	8/15-8/19	9am-12pm	9-12	CH	\$98

Almaden Community Center  
Family Fitness Challenge

*Have fun & get fit together!*

- Register your family at the Almaden Winery Community Center and win prizes!
- Pledge to be active each week with the family.
- Keep log of your family's fitness activities and turn them in for rewards.
- Join our fitness classes to earn bonus points.

Come by the Almaden Winery for more details!  
5730 Chambertin Dr., SJ CA 95118 • (408) 979-7820

## Camp Dance – Day Camp

\$95

Covers Ballet, Tap, Jazz, Gymnastics, Voice, Hawaiian, and hip hop. Participants will be placed in age and ability appropriate classes. A snack and juice will also be provided.

*Instructor: Dance Arts Academy*

Course #	Days	Date	Time	Age	Mtgs.	Loc.
252.1.911	M-F	6/20-6/24	9am-12pm	6-12	5	TBD
252.1.912	M-F	8/8-8/12	9am-12pm	6-12	5	TBD

## SKYHAWKS CAMPS

## Mini-Hawk: Multi-Sport

\$110

An introductory program for young children, Mini-Hawk helps children explore soccer, baseball, and basketball in a day-program setting. No pressure, just lots of fun while these young athletes participate in all three sports through unique Skyhawks games. Our Mini-Hawk coaching staff is trained to meet the special needs of young children. Staff are committed to helping children start off on the right foot, as they take their first steps into athletics. Participant to coach ratio is approximately 8:1. **Camp Location:** will be held at Cahalan Park (CP) and Bret Harte Middle School (BH).

Course #	Day	Date	Time	Age	Mtg.	Loc.
252.1.542	M-F	7/11-7/15	9am-12pm	4-7	5	CP
252.1.543	M-F	8/1-8/5	9am-12pm	4-7	5	BH

## Basketball

\$131

Designed for beginning and intermediate basketball players, participants learn new skills while building upon the fundamentals. Participants have a great time as they refine their passing, shooting and dribbling skills. Participants put these abilities to the test at the end of the week in a tournament. **Camp Location:** will be held at Bret Harte Middle School (BH).

Course #	Day	Date	Time	Age	Mtg.	Loc.
252.1.540	M-F	7/11-7/15	9am-3pm	7-14	5	BH
252.1.541	M-F	7/25-7/29	9am-3pm	7-14	5	BH

## Soccer

\$110

Mighty-Hawk programs were developed in response to increasing demands for shorter sport specific programs for children aged five to eight. Unlike our full-day sport programs designed for 7 to 14 year-olds, the Mighty-Hawk programs were designed with a half-day format. The focus remains on teaching the fundamentals in a fun and creative atmosphere. The shortened program format will allow beginning athletes to experience sport-specific instruction in a non-competitive setting.

Course #	Day	Date	Time	Age	Mtg.	Loc.
252.1.544	M-F	8/8-8/12	9am-12pm	5-8	5	CP